

# PITTSBURGH SEWING PARTY

*For helping girls in Zimbabwe make their own reusable sanitary napkins (Girl Empowerment Pads)*

**SUNDAY, SEPTEMBER 27, 2015**

**3 p.m. to 6 p.m.**

**Mt. Lebanon United Methodist Church, 3319 West Liberty Ave., Pittsburgh, PA 15216**

*Park on lower side of church; use entrance at the second lower door on the parking lot side.*



WOMEN AND GIRLS  
FOUNDATION

WILL WORK FOR EQUALITY

**NO SEWING EXPERIENCE NEEDED – BRING SCISSORS AND A FRIEND!**

***R.S.V.P. to Kathy Surma***

412-477-2173 or [ksurma2008@gmail.com](mailto:ksurma2008@gmail.com)



*At left: November 2013: Girls in Nyadire, Zimbabwe, sew their own sanitary napkins so that they do not have to miss school for lack of protection.*

To avoid a possible lack of scissors being an issue in Zimbabwe, we will cut material in a pattern that was chosen by Zimbabwean women.

We will assemble pre-cut material, needles, and thread into kits Kathy will bring to Zimbabwe. She will teach interested local women and girls how to make their own pads at schools near Nyadire and a medical clinic that hosts 3000 visits a month.

*-- Come for coffee, fellowship, and fun!*

**NEXT STEPS:** With the help of neighbors, The Nyadire Connection (TNC), and the Women and Girls Foundation, Kathy will bring the sewing party items to Zimbabwe when she travels there with a volunteer team from TNC, organized by Christ United Methodist Church in Bethel Park. (*See link below.*) Her work supports steps toward a locally run, sustainable program sourced with local materials.

**MORE INFORMATION:** To hear or read an April 2013 radio interview about the project, entitled, "Empowering Girls in Sub-Saharan Africa," see: <http://wesa.fm/post/empowering-girls-sub-saharan-africa>

Photos of TNC activities are at TNC's Facebook page: <https://www.facebook.com/groups/2369547983/>

**SEE YOU ON SEPTEMBER 27!**