

# HOP *into* SPRING

*with this*

## 2 DAY BASEBALL/SOFTBALL SKILLS CLINIC



*ALL* proceeds will go directly to the Home of Hope Orphanage in Nyadire

*learn more about this here!*



Infield and outfield drill series  
Throwing progressions for baseball/softball players  
Simulated bullpens for players ages 9-12  
Hitting progressions and routines  
Speed work and intro to strength/movement training  
Live scrimmages and competitions

Dates: Thursday 4/4 & Friday 4/5

Time: 9:00am-12:00pm

Ages: 6-12 (only 40 spots available)

Location: Diesel Sports Complex

Cost: \$85



*register here!*

